



Ponhafren Association

Background Information

Ponhafren Association has been a registered Charity since 1992. The Association currently operates Centres in Newtown and Welshpool and an Outreach Project in Llanidloes. Ponhafren offers services to people who experience mental health issues and those who are socially isolated or excluded in North Powys. By working in partnership with other agencies, Ponhafren aims to provide a holistic, recovery-orientated framework of support that enables people to participate actively in their community.

The Objectives for the service at Ponhafren Association are:

- To provide a venue(s) within the District where people can meet socially, gain access to information and receive support and signposting, where appropriate.
- To provide opportunities for people using the service to engage in taster activities and/or training, that can increase their confidence and self-esteem.
- To provide information and support to people, which enables them to gain skills in their self-management.
- To work in partnership with the people using the service and other appropriate agencies in developing their recovery pathway.
- To work in partnership with other agencies to develop opportunities for each person using the service, to be able to engage in a programme of personal growth that can address, where appropriate:
 - relationships and social support
 - personal survival skills
 - recreational interests
 - health and well-being
 - education and training
 - vocational skills
- To work in partnership with other agencies to support people using the service in addressing barriers to the improvement of their mental health, including:
 - Personal finance
 - Relationships
 - Housing
 - Employment
- To support people who are using mental health services, including those provided by Ponhafren Association, to be able to participate in:
 - consultations that monitor and evaluate service provision
 - forums that are engaged in planning and developing services.



- The service at Ponthafren is currently in the process of developing and we are looking for a member of staff to help the team in delivering a service that will:
 - Promote the development of activities that build the confidence and self-esteem of the members
 - Support members with self-management and personal planning
 - Enable members to engage in training and skill development
 - Support members to value their lived experience and to play an active role in the development of the Association
- The Association will work with its members and Partners to develop enterprises that make the Association more sustainable, through:
 - Using the facilities within the Ponthafren building
 - Supporting the development of social enterprises with other partners
 - Supporting people to access appropriate services to address their personal needs